

# Monarch Butterflies Need our Help!

## Did you know ?

The beautiful and iconic Monarch Butterfly has been on the decline in North America for the past 20 years. Monarch counters (xerces.org) have seen a 95% decline in California since the 1990's.

## The Reasons :


Monarchs are classified as *vulnerable* due to these main causes:

- climate change
- habitat loss
- habitat degradation
- disease
- pesticide exposure

## We Can Help!

Help the fight to save Monarchs by supporting conservation efforts and by planting a Monarch Butterfly Garden today!

## Learn More at

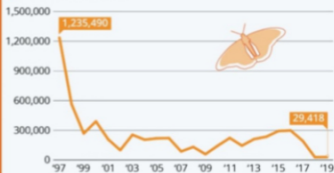
 [Xerces.org](http://Xerces.org)

Join with Lions to Save our Monarch Butterflies!



## Western Monarchs Rapidly Declining

Population of the Western Monarch butterfly between 1997-2019



Data collected during Xerces Society's annual Western Monarch Thanksgiving Count  
Source: Xerces Society

Join Lions and be a positive change in our communities and world!

 [lionsclubs.org](http://lionsclubs.org)



We Serve





# Plant a Monarch Butterfly Garden today!

The Monarch Butterfly Habitat is easy to create by planting the essential foods that the butterfly and caterpillar eat.

## What to plant:

- **Milkweed:** Monarch caterpillars eat the leaves of milkweed plants. Milkweed contains toxic steroids called cardenolides that make the plant taste bitter. These steroids protect the caterpillars from predators.
- **Nectar Flowers:** Adult monarch butterflies drink nectar from many types of flowers, including milkweed, buddleia, Shasta daisy, verbena, California buckwheat, and black sage to name a few.

## Plant Your Own Monarch Garden!

- Plant Milkweed and Nectar flowers together in a warm and sunny part of your yard and watch the magic unfold as it becomes a sanctuary for beautiful Monarch butterflies!
- Share the message of conservation and the joy of your garden with others.
- Finally, share your garden by going to: [Monarchmilkweedmapper.org](http://Monarchmilkweedmapper.org) and join the movement to track gardens and sightings of Monarchs and caterpillars.

**Together we can help save these majestic creatures!**

## Follow us on:

Monarch Butterfly Gardens CA Lions

Monarch Butterfly Gardens



[md4lions.org](http://md4lions.org)  
[lionsclubs.org](http://lionsclubs.org)

